

WINGS

ANNUAL SUMMARY 2008



STRENGTHENING
GUATEMALAN FAMILIES
THROUGH REPRODUCTIVE HEALTH

BOARD OF DIRECTORS

Kathie Amble, CNP, MA

BOARD PRESIDENT

Nurse Practitioner & Volunteer,
Common Hope
St. Paul, MN

Sue Patterson

FOUNDER

U.S. Foreign Service Officer – Retired
Antigua, Guatemala

Ronald Bevacqua, CPA

TREASURER

Retired
Juno Beach, FL & Sea Girt, NJ

Kathryn Diamond, RN, JD

SECRETARY

Nurse & Attorney
San Francisco, CA

The Rev. Dr. Peter Casparian

Rector of Christ Church, Oyster Bay
Long Island, NY

Joe Hoffman, JD

Partner,
Weinberg, Hoffman, Casey & Ropers
San Francisco, CA

Hunt Kooiker, MD, MPH

Maternal and Child Health Consultant
La Mesa, CA

Evelyn Landry, MPH

Senior Monitoring, Evaluation & Research
Advisor, EngenderHealth
Cape Elizabeth, ME

Sue Wheeler

Owner, Wheeler Consulting Group
Mendota Heights, MN

WINGS creates opportunities for Guatemalan families to improve their lives by providing them with family planning education and access to reproductive health services.



From left: Kathie Amble, Janeen Simon, and Sue Patterson.

Dear Friends,

Thank you for your continued support, which has made possible another year of hard work and progress at WINGS. Much has been accomplished, and as always, much remains to be done.

In this report, you will read about the many ways that WINGS' programs are both increasing the supply of and expanding the demand for life-changing, and sometimes life-saving, reproductive health services. Our educational initiatives

and direct service provision go hand-in-hand. Without education and outreach, clinics remain empty. Without access to affordable services, education merely deepens the hopelessness of poverty.

In 2008, Meira Neggaz, who led WINGS with great vision and dedication over the past four years, departed the organization in pursuit of new challenges. In her place, we are delighted to welcome Janeen Simon, a seasoned manager whose professional experience in both international development and the private sector, coupled with more than two decades of living in Guatemala, will bring new thinking and solid management to guide WINGS' future growth.

While there has been much change within WINGS, our purpose remains unaltered as we continue to confront familiar obstacles and challenges. Despite the commitments made in the 2006 Law of Universal and Equitable Access to Family Planning Services, the Guatemalan government has made little progress in expanding family planning services and reproductive health education. Cultural, religious, and financial barriers still prevent people from exercising their reproductive rights. Parents still struggle to support large families and to provide for the health and education of their children. As long as these challenges exist, WINGS will work to address them, seeking out new and more effective solutions and taking advantage of opportunities that arise. In the coming year, we will hire additional family planning educators and launch a program in the Petén, Guatemala's northernmost province and an environmentally endangered region.

We are grateful for your continued commitment to improving the lives of Guatemalan families through reproductive health. WINGS depends on your generosity to provide services that make a real difference, and we hope that we can count on your support again this year.

With gratitude,

Kathie Amble
Board President

Sue Patterson
Founder and Board Member

Family Planning EXPANDING OPTIONS, EXTENDING HOPE

WINGS' Family Planning Program improves health, fights poverty, and increases opportunity by empowering women and men in poor, underserved communities to take control over their reproductive lives. We provide reproductive health education, subsidies for family planning methods, and training and support for local family planning promoters. To avoid duplication, we partner with existing service providers, defraying the costs of the contraceptive methods they provide.

In 2008, WINGS began to subsidize long-term and permanent family planning methods at clinics operated by the Asociación Pro Bienestar de la Familia (APROFAM) in Barberena and Mazatenango, bringing the total number of stationary clinics subsidized through all partner organizations to six. We also support three APROFAM mobile clinics, which bring long-term and permanent family planning services to small towns and remote villages throughout the southern half of Guatemala.

2008 ACCOMPLISHMENTS

WINGS' outreach staff provided educational talks, counseling, or home visits to 11,708 people, equipping them with accurate information about reproductive health and family planning, and offering them referrals to WINGS-subsidized family planning methods.

Through all family planning methods subsidized, WINGS provided 87,045 years worth of protection from unwanted pregnancy for Guatemalan couples, a 37% increase over 2007.

Our programs resulted in the prevention of an estimated 13,253 unplanned pregnancies.*

We conducted an evaluation of our family planning promoters program, and used the results to strengthen the program through reinforcement training for our 17 promoters.

* Calculated using a methodology adopted by Population Services International and based on regional data.

"The Millennium Development Goals, particularly the eradication of extreme poverty and hunger, cannot be achieved if questions of population and reproductive health are not squarely addressed. And that means stronger efforts to promote women's rights, and greater investment in education and health, including reproductive health and family planning."

—Former United Nations Secretary General Kofi Annan



WINGS' educator Carmen provides a family planning talk. Photo by Amiran White.



Evelyn Roquel is 25 years old and lives in Tecpán, a municipality of Chimaltenango, Guatemala.

Since 2006, Evelyn has worked with WINGS as a volunteer family planning promoter. She enjoyed her work as a promoter because not only was she able to provide educa-

tion to people who had no previous access to information about reproductive health, but she could also help women directly by providing them with family planning methods. Evelyn, who speaks both Kaqchikel and Spanish, will join the WINGS team as a full-time educator in 2009. In her new role she will promote APROFAM mobile clinics in the areas of Sololá and Chimaltenango. Evelyn believes that reproductive health education is very important in the rural communities where she works because many myths exist which prevent people from protecting their health and planning their families. When one of the women that she has met in the villages attends a mobile clinic to receive a family planning method, Evelyn sees the impact of her work and feels motivated to continue raising awareness about reproductive health and family planning. "That way, you will not see so many poor mothers and poor children in Guatemala."

Young People LEADING THE WAY FOR CHANGE



Peer educators participate in an electronic baby training.

reproductive health, sexually-transmitted infections, and family planning, and refer young people to appropriate, affordable health services. WINGS also works with local government officials, health service providers, and public school educators to improve sex education and health services for youth.

In Guatemala, one in five infants is born to an adolescent mother, limiting the options and threatening the health and development of Guatemalan girls. In response, WINGS has trained a group of young leaders, currently 78 strong, who provide information to their peers about

2008 ACCOMPLISHMENTS

Youth WINGS' peer educators gave 1,556 educational talks about reproductive health, reaching 9,967 people. Talks given by Youth WINGS' program staff reached an additional 665 people.

WINGS supported peer educators in developing a bi-weekly educational radio program in San Pedro Yepocapa, resulting in 64 broadcasts.

We trained 39 new peer educators from eight municipalities in Chimaltenango, Guatemala.

WINGS provided a five-workshop training series for public school teachers on how to provide effective sex education.

"I decided [to become a peer educator] because I saw that the situation in our society was not good; there are many couples who have up to a dozen children and the economy is very weak. Because of this I decided to start with my village so that I could later work in other towns and even at the national level to teach people that family planning is a good thing because it allows us to decide how many children we have."

—Youth WINGS peer educator

Cervical Cancer SAVING LIVES, PRESERVING FAMILIES

Cervical cancer continues to be the deadliest cancer in Guatemala, affecting 20% more women every year than breast cancer. The need for an effective national program was reinforced recently by the tragic story of one woman who attended a WINGS mobile clinic. Vicenta, 38 years old and a mother of 14, was diagnosed by a WINGS nurse with an advanced stage of cervical cancer. While she was rushed for follow-up treatment, it was too late for radiotherapy, and she passed away in October. Vicenta had been screened for cervical cancer four years earlier at her local health center. At the time, she was diagnosed with invasive cervical cancer and referred for treatment. Unfortunately, because she would have had to cover the costs herself, she did not get the treatment that could have saved her life.

WINGS is one of the few organizations in Guatemala that is prepared to cover the full costs of cancer treatment when necessary. Fortunately, many health service

providers are following WINGS' example and beginning to offer cervical cancer detection and treatment through the low-cost VIA/Cryo technique (visual inspection of the cervix using acetic acid and same-day treatment of pre-cancerous lesions with cryotherapy). The Ministry of Health has signaled its commitment to train its doctors and nurses in VIA/Cryo, and WINGS will assist in these training efforts.



WINGS' nurse Carmen assists a patient at a cervical cancer clinic. Photo by Amiran White.

2008 ACCOMPLISHMENTS

WINGS screened 4,352 women for cervical cancer.

Same-day cryotherapy was provided for 45% of abnormal results.

Women with cases that could not be treated with cryotherapy were referred for additional follow-up services, subsidized by WINGS.

WINGS provided family planning counseling to women attending cervical cancer clinics, resulting in referrals for WINGS-subsidized family planning methods to 5% of women of reproductive age.

We expanded the cervical cancer program into two new areas, Santa Rosa and Suchitépéquez.

DID YOU KNOW? Almost half of Guatemalan women have had their first child by age 20.

GETTING THE Message to Men

The WINGS for Men Program, which educates men about reproductive health and encourages them to be responsible partners and fathers, has been met with great interest in the communities where we work. Piloted in the areas of Escuintla and Chimaltenango, the program has several components. Educational workshops encourage group discussion and in-depth learning. A mass media campaign, designed in collaboration with the U.S. Agency for International Development (USAID), raises awareness about reproductive health issues and directs men to information and resources. Peer educators serve as role models and advocates within their communities as well as sources of information. Finally, training for health service providers improves the quality of reproductive healthcare offered to men at public health centers.

2008 ACCOMPLISHMENTS

A total of 313 men from eight communities participated in a six-module workshop series.

WINGS secured permission from Guatemala's National Reproductive Health Coordinator to train health service providers in the reproductive health needs of men.

WINGS and USAID rolled out a mass media campaign, which includes radio spots, posters, and leaflets distributed throughout the program area.



Members of the military participate in a WINGS for Men workshop.

"Family planning made me think about the future as well as the importance of talking to your partner. [WINGS] increased my knowledge, and if we receive information and share it with our community, we'd all have more knowledge and there wouldn't be so much ignorance."

—WINGS for Men workshop participant



WINGS' training facilitator Luis provides reproductive health education to the staff of community libraries supported by the Riecken Foundation.

Building Capacity

At WINGS we believe in the importance of sharing experiences and replicating successes. We frequently provide training to other organizations so that they can incorporate reproductive health education into their programs. In recognition of our leadership in this area, WINGS has been asked by the USAID program Health Alliances to chair a grantee working group on reproductive health.

2008 ACCOMPLISHMENTS

WINGS provided a three-day training to three partner organizations – Save the Children, Sangre de Cristo, and the Juan Bautista Gutiérrez Foundation – on the methodology of our Youth WINGS Program and on strategies for working with adolescents.

WINGS' staff members spent four days training the staff of a new reproductive health education program run by Funcafé, the philanthropic arm of the National Coffee Association. The program, funded by USAID, is expected to reach over 200,000 Guatemalans.

We continued to provide funding and support to our partner organization Vivamos Mejor in Sololá in order to help them implement their reproductive health program in 45 rural communities.

In total, WINGS provided training to eight partner organizations, and shared its educational materials with 14 partner organizations.

Financial Highlights

JANUARY 1, 2008 THROUGH DECEMBER 31, 2008 (AUDITED)

Operating Revenue

	2007	2008	
Gifts from Individuals	\$192,824	\$375,741	54%
Gifts from Organizations	\$442,024	\$261,242	38%
Other Revenue	\$22,196	\$55,972	8%
Total Operating Revenue	\$657,044	\$692,955	100%

Program Services

	2007	2008	
Family Planning	\$215,856	\$ 326,040	60%
Cervical Cancer	\$46,558	\$47,412	9%
WINGS for Men	\$11,129	\$45,005	8%
Youth WINGS	\$50,839	\$40,017	7%
Sololá Project	\$11,007	\$35,574	7%
Advocates for Youth	\$4,628	\$25,349	5%
Program Administration	\$1,897	\$21,335	4%
Total Program Services	\$341,914	\$540,732	100%

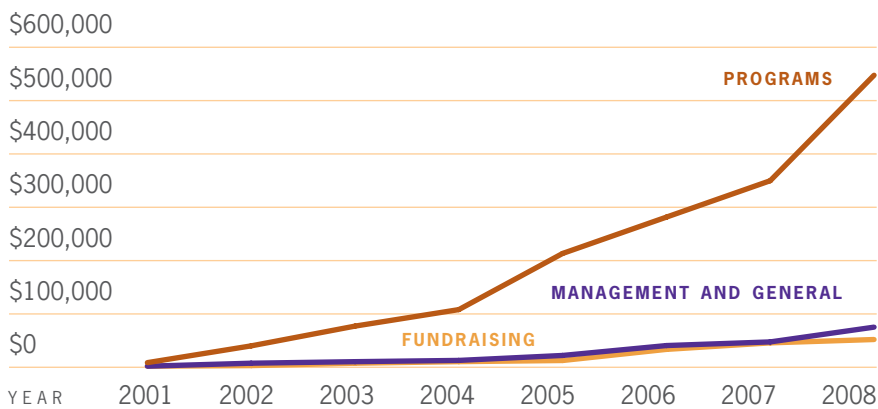
Operating Expenses

	2007	2008	
Program Services	\$341,914	\$540,732	82%
Management & General	\$43,467	\$72,660	11%
Fundraising	\$42,100	\$48,156	7%
Total Operating Expenses	\$427,481	\$661,548	100%

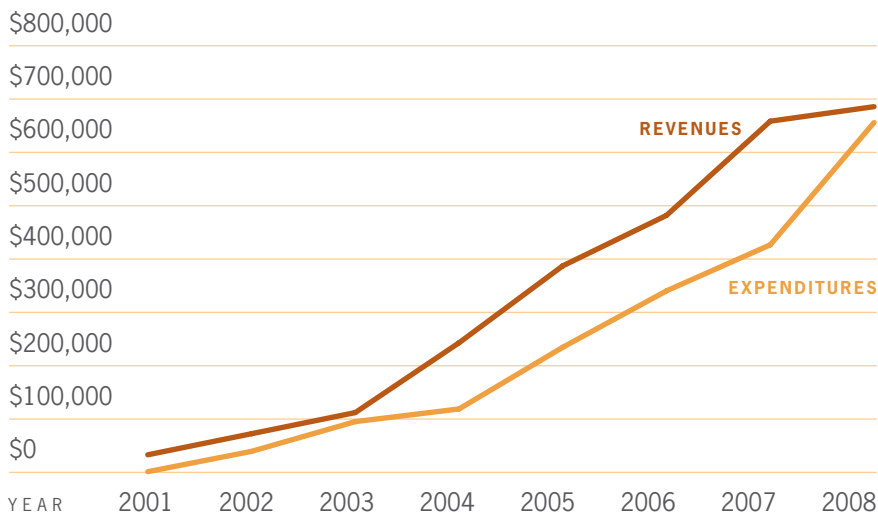
Change in Net Assets

	2007	2008
Operating Revenue	\$657,044	\$692,955
Less Operating Expenses	\$427,481	\$661,548
Increase in Net Assets	\$229,563	\$31,407
Net Assets, Beginning of Fiscal Year	\$494,896	\$724,459
Net Assets, End of Fiscal Year	\$724,459	\$755,866

Yearly Expense by Category



Revenue and Expenditure by Year



How to Donate

Help transform lives in Guatemala by donating to WINGS today! You can help in a number of ways.

DONATE ONLINE WINGS accepts online donations using all major credit cards.

SEND A CHECK Send a check made out to WINGS to our U.S. office: WINGS, 793 Ashbury Street, San Francisco, CA 94117

MAKE A WIRE TRANSFER For information on how to transfer funds directly into our U.S. bank account, please contact info@wingsguate.org.

GIVE WINGS AS A GIFT WINGS accepts donations in honor of friends or loved ones. Simply send a note with your check or online donation including information about who your gift honors, and provide contact information for the person who should receive the gift acknowledgement. WINGS will send an acknowledgement letter to that person as well as a receipt to you for your donation.

MONTHLY GIVING Support WINGS every month without having to remember to make a payment! WINGS can set up monthly payments by electronic transfer or credit card. If you would like to set up monthly giving, please contact info@wingsguate.org.

STOCK TRANSFERS WINGS accepts stock transfers directly into our E*trade account. For more information on how to transfer stock, please contact info@wingsguate.org.

PLANNED GIVING Some donors generously choose to include WINGS as a beneficiary in their wills or estates. If you would like to discuss your planned giving options, please contact info@wingsguate.org.

IN-KIND DONATIONS WINGS accepts donations of some medical equipment, contraceptive methods, or office supplies and equipment. To find out about our current needs, please contact info@wingsguate.org. We also have many volunteers who contribute pro-bono services, such as marketing support, graphic design, or consulting services. If you have a skill you think might be helpful to WINGS, please contact us.



Thank You FROM THE WINGS TEAM!

WINGS would like to thank the following people, without whom our successes this year would not have been possible:

- All of our **SUPPORTERS**, whether you gave \$10 or \$10,000 – your donations have made a tremendous difference here in Guatemala.
- Our **NESTS**, WINGS' regionally-based supporter groups, which provided valuable fundraising support and helped spread the word about how family planning contributes to health and development in Guatemala.
- The many talented and dedicated **VOLUNTEERS** who contributed to our programs and helped us raise funds to support our work.

- Our **TEAM MEMBERS**, who have worked together to overcome obstacles and constantly improve the quality of our services.
- Our **BOARD MEMBERS**, whose leadership has guided our efforts.
- Our **PARTNER ORGANIZATIONS**, whose shared vision inspires us to strive for greater impact.
- The **PEER EDUCATORS** and **FAMILY PLANNING PROMOTERS** who selflessly serve their communities by sharing reproductive health information and family planning methods.
- Our **CLIENTS**, who have taken it upon themselves to invest in their own health and in the strengthening of their families.

Please come visit us in Guatemala!

7a Avenida Sur #3A, La Antigua Guatemala

Tel. +502-7832-9325 • Fax +502-7832-4850

Correspondence & Donations:

793 Ashbury Street, San Francisco, CA 94117

www.wingsguate.org • info@wingsguate.org

WINGS is a U.S.-registered 501(c)(3)

non-profit organization. Our tax

identification number is 31-1759515.